"SEEDS"



Tenth Annual Community Services Bureau Conference

Welcome!

October 1, 2, & 3, 2008
The Holiday Inn Grand Montana
Billings, Montana

Sponsored by:

The Montana Department of Public Health and Human Services Senior and Long Term Care Division Community Services Bureau and

The Montana Case Management Association

Continuing Education Units (CEU) Process:

We offer CEUs for Social Workers and Certified Case Managers.

- 1. Sign-in sheets will be at the CEU table located near the registration table in the lobby of the Grand Montana Ballroom.
- 2. You must sign in each day in order to receive CEUs for that day.
- 3. Certificates will be handed out at the conference. Any not picked up will be mailed after the conference.



Montana Case Management Association Breakfast/Meeting

A breakfast meeting will be held on Thursday, October 2 from 7:00 to 8:30 am. Attendees will pick up their breakfast in the Grand Montana Ballroom and then proceed to the Jefferson Room, accessed through the hotel restaurant, for their meeting.

Refuge Room

A "Refuge" Room will be located in the Plaza Square Room to provide a rest and relaxation location for conference participants who do not have a hotel room or are located in an off-site hotel. This room is located across from the accessible bathrooms.





Welcome to the Community Services Bureau Tenth Annual Conference aptly named "Seeds". The connections made and the sessions provided at this conference are designed to plant *seeds* that improve the quality of life and services for people living with disabilities in the community. Whether personal or professional, the sessions will encourage and excite you with their content and presentation.

Enjoy your visit to Billings and the activities that are available for your pleasure. Make sure you get out there, meet other conference attendees, and visit the vendor booths. You will be pleasantly surprised by the wide variety of individuals who attend this important event.

Announcements

♦ Registration—Check In—Information Table

On-site registration and name badges are available for you. The registration desk will be located in the lobby of the Grand Montana Ballroom. Please wear your name badge so that we know who you are!

Conference Registration and Information Table Hours:

Early Registration Tuesday, September 30, 2008 3:00 p.m.—5:00 p.m.

Wednesday, October 1, 2008 7:30 a.m.—5:00 p.m.

Thursday, October 2, 2008 7:30 a.m.—5:00 p.m.

Friday, October 3, 2008 7:30 a.m.—1:00 p.m.

Reminders



- Bring a sweater or jacket, the conference rooms can be chilly
- Dress is casual
- A wheelchair will be available at the registration/info desk for any one who needs it.
- Please be courteous and turn off your cell phones.
- Have fun!

Vendor Tables

Don't miss the vendor tables set up in the Grand Montana Ballroom. Our vendors help support this conference, so take time to visit with them about their products and services. For a list of vendors see page 12.

Continuing Education Unit Credits

CEU credits for Social Workers and Certified Case Managers are available. Check with the registration desk for more information.

Door Prizes

Drawings take place during breaks and at meal functions. You must be present to win.



Keynote Speaker

Lanny Butler

"Dementia Possible Care"

What we perceive to be true becomes our reality. If you believe that an individual with dementia is unable to bathe, dress, feed and toilet themselves, that will become your loved one's reality, only because you have made it so for them. Often we unknowingly take away these abilities out of love, but also out of ignorance of what can be done. By doing for them we have taken away their ability to participate in life, and have taken away much joy we could have shared together. It is our attempt to provide you an alternative to caring for your loved one, change your perception of the process of dementia, and therefore change your reality of what is possible in the months and years ahead. We call ou approach to living with dementia, **Dementia Possible Care.**

Lanny Butler, MS, OTR is founder and President of IATB Dementia Care, a private consulting group on Dementia Possible Care giving. He lectures throughout the United States on Dementia Possible Care, and is author of My Past is Now My Future: a Practical Guide to Dementia Possible Care.

Mr. Butler has primarily treated the geriatric population for the past 24 years in the outpatient, acute care, and long term care setting. Lanny has served as a Clinical Resource Specialist for Rehab Management, Inc., a long term care provider, for 7 years. He continues to provide ongoing staff training, clinical competencies, and program development in multiple aspects of geriatric care and has incorporated an interdisciplinary effort among the therapists he serves. The focus of his work has been the enhancement of clinical excellence for those who serve the geriatric population.



Schedule

WEDNESDAY—October 1, 2008

7:30 a.m. Registration Opens

PRE-CONFERENCE SESSION —8:30 a.m. -12:00 p.m. Gallatin Room

High Tea with Cie.

This will be an opportunity for Home & Community Based Services Case Managers to meet with waiver program officers, hear presentations, ask questions and share concerns.

1:30 p.m.— 3:00 p.m. Opening Ceremonies in the Grand Montana Ballroom

Introductions and Announcements-

James Driggers, Bureau Chief, Community Services Bureau

Keynote Address

Lanny Butler—Dementia Possible Care

3:00 p.m.—3:30 p.m. Break - Sponsored by St. Vincent's Healthcare

3:30 p.m.— 5:00 p.m. Break Out Sessions

| Session Subject ROOM | Session Presenter(s) | Session Description | | | |
|--|-------------------------------------|--|--|--|--|
| Chemical Dependency Issues in the Elderly | Jon Gjersing, Rimrock Foundation | This session will provide information on chemical dependency issues among the elderly, identifying issues and potential strategies in working with these individuals. | | | |
| Bighorn Room | | | | | |
| Suicide among the Elderly Yellowstone Room | Karl Rosston, LCS | Suicide prevention strategies and specific interventions will be discussed and participants will have the basic understanding of how to intervene with a depressed or suicidal person. | | | |
| You Don't Know What You Don't Know About Activities | Lanny Butler, MS, OTR | This session looks at developing activities outside of the box and learning to match activities to the individuals level of dementia. | | | |
| Gallatin Room | | | | | |

5:30 p.m.-7:00 p.m. Consumer Dinner - Grand Montana Ballroom

(Attendance is limited to those who have pre-registered for this dinner)

THURSDAY—October 2, 2008

Breakfast— Provided in the Grand Montana Ballroom 7:00 a.m.— 8:30 a.m.

7:00 a.m.—8:30 a.m. Montana Case Management Association Breakfast Meeting—Jefferson

7:30 a.m. **Registration Opens**

8:30 a.m. —10:00 am **Break Out Sessions**

| Session Subject ROOM | Session Presenter(s) | Session Description | | | |
|--|--|---|--|--|--|
| PAS Time with Abby and Myrna Big Horn Room | Abby Hulme, SLTC Myrna Seno, MPQH | Come find out what is going on in the world of personal assistance services (PAS) in the State of Montana. Hear an overview and general report on Medicaid PAS and discuss PAS trends and issues. | | | |
| Poverty: Multiple Aspects of Poverty Yellowstone Room | Suneetha deSilva, PhD | Poverty has different cultural meanings and is just not seen in the monetary sense. Come explore the mental, spiritual, emotional and physical aspects of poverty and gain new insight into resource development. | | | |
| Ethics Panel Gallatin Room | Kelly Moorse, SLTCO Todd Wood, HCBS CMT Debrah Foskett, MFCU Laurie Peterson/Yamamoto, APS Ann Rathe, M.D. | This multi-disciplinary panel will explore dilemmas that may be encountered in the provision of long term care services. Speakers will us case examples and will discuss ethical and legal ramifications and options in specific case situations. | | | |

Break - Sponsored by CHS Pipelines, Terminals & Refinery 10:00 a.m. —10:30 a.m.

Door Prizes—Provided in the Grand Montana Ballroom

10:30 a.m.—12:00 p.m. **Break Out Sessions**

| Session Subject ROOM | Session Presenter (s) | Session Description |
|--|-----------------------|---|
| Housing Opportunities, Housing Resources and Your Housing Rights Big Horn Room | Michael O'Neil, AWARE | Learn about various housing opportunities, including owning your own home, finding rental housing and your rights in the housing sector. Participants will learn about how best to explore and obtain various housing choices. A review of the new Montana on-line rental housing search locator system will be demonstrated. |
| Communication: Awareness Beyond the Words Yellowstone Room | Suneetha deSilva, PhD | Effective communication is more than just words spoken and received. This session will explore awareness beyond the spoken word and help develop new avenues in communicating effectively with others. |
| Psychosis in Special Populations: TBI, elderly, DD Gallatin Room | Ann Rathe, M.D. | Participants will be able to identify common manifestations of psychosis in these populations, learn the illnesses that can cause psychosis and be introduced to antipsychotic medications and their risks and benefits. |

Page 4 Thursday Sessions

THURSDAY—October 2, 2008, continued

12:00 p.m.—1:15 p.m. Lunch—Provided in the Grand Montana Ballroom 1:15 p.m.— 2:45 p.m. Break Out Sessions

| Session Subject ROOM | Session Presenter(s) | Session Description |
|---|--|--|
| Medicaid Buy-In Big Horn Room | Barb Kriskovich | This session focuses on the Medicaid Infrastructure Grant and Medicaid Buy-In. Updates on grant activities will be given along with information concerning buy-in in the Medicaid system. |
| Low Cost Cooking with Dietary Considerations Yellowstone Room | Bernice Mason | With the high price of gas who can afford food, too? Topics to be explored include simple, low cost cooking and considerations for dietary restrictions. |
| Abuse & Violence Against People who are Members of Disability & Elderly Populations Gallatin Room | Rosemary Hughes, Ph.D. *This session is sponsored by the Montana Disability and Health Program of the University of Montana Rural Institute on Disabilities | Information will be shared on recognizing the signs of abuse, knowing when a relationship is abusive and staying safe from abuse and violence against people with disabilities and the elderly. |

2:45 p.m.—3:15 p.m.

Break - Sponsored by the Medicaid Infrastruture Grant Door Prizes — Provided in the Grand Montana Ballroom

3:15 p.m.—4:45 p.m.

Break Out Sessions

| Session Subject ROOM | Session Presenter(s) | Session Description | | | |
|---|--|--|--|--|--|
| An Introduction to Programs of All-Inclusive Care for the Elderly (PACE) Big Horn Room | Anne Gonzales | This session will provide the participants with an overview of the PACE model of services and introduce the Billings Clinic PACE program. | | | |
| Get Fit! Stress Relief, Exercise and Fun Yellowstone Room | Kyla Proffitt TessaThompson Margo Land Pam Havig | Got stress? Need relief? Why not loosen up and explore new ways to stretch, tone, and exercise? Yoga and belly dancing will be offered as ways to end your day on a positive note. | | | |
| "Disaster Light" & "Disaster Heavies": Relevant Emergency Preparedness Information for People with Disabilities Gallatin Room | June Kailles, Disability Policy Consultant *This session is sponsored by the Montana Disability and Health Program of the University of Montana R | Participants will learn how to distinguish between information produced "about & for us" versus produced "with & by us!". Information will be shared on why preparation pays, how to evaluate your skills, building support teams and much more! | | | |

5:30 p.m. —8:00 p.m.

Awards Banquet—Provided in the Grand Montana Ballroom

8:00 p.m.—11:00 p.m.

Doors open at 5:30—Dinner is served at 6:00 pm. Entertainment—Come and dance to the Southbound Band

Thursday Sessions Page 5

FRIDAY, October 3, 2008

7:00 a.m.— 8:30 a.m. Bro

Breakfast—Provided in the Grand Montana Ballroom

8:30 a.m.—10:00 a.m. Break Out Sessions

| Session Subject ROOM | Session Presenter(s) | Session Description | | |
|--|---|---|--|--|
| Take Aways for Montana— From the 2007 Southern California Wildfires Big Horn Room | June Kailles, Disability Policy Consultant *This session is sponsored by the Montana Disability and Health Program of the University of Montana Rural Institute on Disabilities | This session will share information on using the expertise, skill sets and resources of local trusted community organizations and how to include people with disabilities and activity limitations in the planning process. | | |
| What's Up in the Senior and Long Term Care Division Yellowstone Room | Kelly Williams, SLTC Administrator | The Senior and Long Term Care Division is the branch of the State of Montana that overseas Adult Protective Service, Aging Services, Medicaid Home and community Based Services and Medicaid Nursing Services. Come to this session for a report on how the division implemented items from the last legislative session, including direct care worker wage increases, health care for health care workers and provider rate increase. There will also be information and discussion pertinent to the coming legislative session. | | |
| Technology for IndependenceIt's Not About the Technology Gallatin Room | Roger Holt, PLUK Executive Director | This session will show the participants what is available in adaptive equipment when utilizing the computer. Information will be provided about computer shortcuts and low cost yet effective services and equipment options. | | |

10:00 a.m.—10:30 a.m. Break - Sponsored by Home Care Services

Door Prizes—Provided in the Grand Montana Ballroom

10:30 a.m.—12:00 p.m. Break Out Sessions

| Session Subject ROOM | Session Presenter(s) | Session Description |
|--|---|---|
| Diabetes Management in 2008 and Beyond Big Horn Room | Jane Fitchmeszaros, RN | This session will explore the current treatment options in diabetes management. There will be an emphasis in the session on Type II diabetes. New research and developments will be addressed. |
| What's New With Mental Health Services? Yellowstone Room | Lou Thompson, AMDD, Director | This session will provide updated information on new programs implemented by the Addictive and Mental Disorders Division. |
| Sharing Our Stories Gallatin Room | Ann Halubka, Jacinda and Asiah Kuntz Jess Goodale Craig Miller | Consumers and families share their stories of overcoming obstacles, achieving goals, demonstrating their talents and accomplishments and experiencing life with all its ups and downs. Make sure to bring your Kleenex! |



Presenters

WEDNESDAY, October 1, 2008

Pre-Conference Session —8:30 a.m.–12:00 p.m.

High Tea with Cecilia and Robin

Cecilia Cowie- Cecilia has worked for over 10 years as the Home and Community Based Program Manager for the Department of Public Health and Human Services. Cecilia has also been active with the Traumatic Brain Injury Association of Montana. She holds a degree in Chemistry from the Catholic University of America in Washington D.C.

Robin Homan- Robin is co-manager of the Home and Community Based Services Waiver Program. Prior to joining the Community Services Bureau, Robin was the State Long Term Care Ombudsman. Robin has a Bachelor Degree in Social Work and has 25 years of experience in serving seniors and individuals with disabilities. Go Bobcats!

3:30 p.m.-5:00 p.m.

Rimrock Foundation

Jon Gjersing—Jon describes himself as just a science nerd from small-town Montana, who discovered his interest in science and his love of helping people could be merged in a nursing career. More than 20 years later, he still loves them both. After learning trauma and critical care to the point of boredom, Jon got intrigued with learning about the brain and psychiatric care. He is still learning and never finding the work boring!

You Don't Know What You Don't Know About Activities

Lanny Butler—Lanny Butler, MS, OTR is founder and President of IATB Dementia Care, a private consulting group on Dementia Possible Care giving. He lectures throughout the United States on Dementia Possible Care, and is author of My Past is Now My Future: a Practical Guide to Dementia Possible Care.

Suicide Among the Elderly

Karl Rosston, LCSW—Karl is the Suicide Prevention Coordinator for the Department of Public Health and Human Services. Karl came to DPHHS from Shodair Children's Hospital where he was the director of Social Services and a therapist on the acute crisis unit. He has been providing training in suicide awareness and prevention to schools around Montana for the past six years. Previously, Karl worked at the University of Colorado, where he was on the faculty of the Department of Psychiatry. Along with being an instructor, he worked as a clinical consultant as part of a collaboration project between the University of Colorado and the Colorado Division of Youth Corrections. He is a licensed clinical social worker who maintains a small private practice in Helena.

Thursday, October 2, 2008 Sessions

8:30 a.m. - 10:00 a.m.

PAS Time with Abby & Myrna

Abby Hulme—Abby is a proud Missoula native and Grizzly fan. She has worked with the Community Services Bureau for the past four years. She began as the grant coordinator for the Big Sky Bonanza waiver. In February 2007 she accepted her current position as Program Manager.

Myrna Seno, RN—Myrna has over 30 years as a licensed registered nurse with psychiatric, oncology, home health and hospice experience. She has 20 years experience with the Montana Medicaid Personal Assistance program to include local nurse supervisor, Western Montana regional supervisor, Statewide operations manager and the past 7 years as the Statewide Authorization Manager.

Poverty: Multiple Aspects of Poverty

Suneetha deSilva, PhD– Suneetha received her PhD in Curriculum and Instruction from Southern Illinois University at Carbondale. She is an associate professor at Montana State University—Billings with the Early Childhood/Special Education Department and is the Coordinator for the Even Start Family Literacy Program with the Crow Reservation.

Thursday, October 2, 2008 Sessions, continued

8:30 a.m. - 10:00 a.m.

Ethics Panel

Kelly Moorse—Kelly has worked for over 25 years in the field of advocacy. For over 4 years she has been the State Long Term Care Ombudsman, working as an advocate for individuals living in assisted living and nursing homes. Kelly's hobbies include spending time as a Sous Chef, gardening, reading and traveling.

Debra Fosket—Agent Fosket has worked Medicaid fraud cases since January 2002. Those cases have included time sheet fraud, elder exploitation, financial exploitation and billing fraud cases. Agent Fosket has been employed full time in law enforcement since 1985.

Todd Woods, HCBS CMT—Todd has been lucky enough to work with people in the Human Services field for 30 years. He has worked in the areas of Adult Inpatient and Community Mental Health, Adult corrections, Juvenile Justice, Adult Protective Services, the Montana Ombudsman Program and now works with the Home & community Based Services program with Area II Agency on Aging in Roundup. Todd loves to spend time with his family and is an avid outdoorsman.

Laurie Peterson-Yamamoto, APS—Laurie is an Adult Protective Service (APS) Regional Supervisor covering eleven counties in south Central Montana. She has degree in social Work from the University of Montana and has worked in the field for three decades. Laurie began her career as a child and adult protective service worker in Sidney and Lewistown. After moving to Billings, she focused her efforts toward adult protective services conducting abuse, neglect, and exploitation investigations. Laurie was promoted to a supervisory position in 1988. She was instrumental in organizing the billings Chapter for the Prevention of Elder Abuse, the first affiliate to the National Committee for the Prevention of Elder Abuse in 1992. Laurie's other community service accomplishments include her assistance in founding the Yellowstone Guardianship council, Tri-County Guardianship Council, and the Area II Agency on Aging Guardianship Program. Laurie is strongly committed to APS and its' mission.

Ann Rathe, MD—Dr. Rathe is a board-certified psychiatrist who has practiced in Billings since 1996 when she joined the medical staff at the Mental Health Center. While there, she started a nursing home practice, was the psychiatrist at Montana Women's Prison and supervised the PACT team. In 2004 she and Dr. Elizabeth Walter formed High Plains Psychiatric Associates, PC, in Billings. Dr. Rathe performs consultations at St. Vincent's Hospital, admits patients and does ECT at Billings Clinic, is the psychiatrist at the Montana Mental Health Nursing Care Center in Lewistown and has a busy outpatient practice, Most of her patients are chronically mentally ill, elderly, developmentally disabled or braininjured. She performs psychiatric assessments for the Billings Clinic Elder Assessment program and lectures frequently throughout the Northwest on psychopharmacology and other topics.

10:30 a.m. 12:00 p.m.

Housing Opportunities, Housing Resources and Your Housing Rights

Michael O'Neil- Michael is the Program Officer with A.W.A.R.E., Inc. and serves as State Director of the Montana Home Choice Coalition. A.W.A.R.E., Inc., Montana's leader in providing innovative community services for persons with disabilities, is the Home Choice Coalition's founding and sustaining lead agency. Michael has extensive experience in the development of affordable housing and community living opportunities and resources, particularly for people with disabilities. The Montana Home Choice Coalition works to create community integrated housing opportunities for persons with disabilities across the age and ability spectrum addressing housing needs from homelessness to Olmstead housing and integrated community rental housing to expanding home ownership opportunities. The Coalition works to promote affordability and enhanced accessibility options in all housing options. The Coalition works particularly to target resources to meet the housing needs of low-income Montanans living with disabilities inclusing seniors. In his work, Michael strongly advocates the view that quality, safe, accessible and affordable housing is the cornerstone of stable community living and a life of greater independence and dignity for all.

Psychosis in Special Populations: the Elderly, the Brain Injured and the Developmentally Disabled Ann Rathe, MD—See above.

Communication: Awareness Beyond the Words Suneetha deSilva, PH.D.– See Page 7.

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1:15 p.m.— 2:45 p.m.

Medicaid Infrastructure Grant and Medicaid Buy-In

Barb Kriskovich—Barb has worked in the disability field for about 15 years, mainly in the area of employment. She has also worked as a visual merchandising manager for 5 years with their store named #1 for three years. Barb has owned her own business—self-catering cottage. She served as chair of the BSB Committee for Employment of People with Disabilities, chair of the Task Force for Low Income Housing, chair of the BSB Fine Arts Foundation, member of Big Brothers and Sisters Board and a Big Sister, member of the Mental Health Association of Montana Board of Directors, member of the Chamber of Commerce, member of the BSB Safety Committee and the BSB Transportation Coordinating Committee and other civic projects.

Low Cost Cooking with Dietary Considerations

Bernice Mason—Bernice has been the Family and Consumer Sciences Extension Agent for Yellowstone County since 1988. Previous to that she taught Home Economics at the high school level. She conducts programming in all areas that have to do with the home, family and community.

Abuse and Violence Against People Who are Members of Disability and Elderly Populations

Rosemary B. Hughes, Ph.D.—Rosemary is the Senior Research Scientist at the Rural Institute on Disabilities, Research Associate Professor in the Department of Psychology, and Faculty Affiliate in the Department of Public and Community Health at the University of Montana in Missoula. Dr. Hughes holds key positions on federally-funded projects investigating the abuse and violence against people with disabilities. She is widely published and has presented nationally and internationally on interpersonal violence in the context of disability.

3:15 p.m. 4:45 p.m

An Introduction to programs of All-Inclusive Care for the Elderly (PACE)

Anne Gonzalez—Anne has worked for Billings Clinic for the past 9 years in a variety of positions including Director of Psychiatric Services, Director of Continuing Care Services and Case Management and most currently as the Director of the Program of All-Inclusive Care for the Elderly (PACE). Anne has been instrumental in working with CMS and DPHHS to bring the PACE model of care to Montana. Anne has 25 years of experience working in the human services field including DD Services, Vocational Rehabilitation Services, Mental Health Services and Senior Services.

"Disaster Light" & "Disaster Heavies": Relevant Emergency Preparedness Information for People with Disabilities

June Kailes—June Isaacson Kailes has a Disability Policy Consulting practice and is the Associate Director, Center for Disability Issues and the Health Professions Western University of Health Sciences, Pomona, California. June, since the early 1980s, is one of just a handful of people with disabilities who focuses a portion of her time on disability and aging related emergency issues. She works on emergency issues nationally and internationally, with community-based organizations and with emergency professionals. Her work as a writer, trainer, researcher, policy analyst and advocate is widely known and respected.

Get Fit! Stress Relief, Exercise and Fun...Belly Dancing Too!

Kyla Proffitt—Kyla is a 39 year old mother of two. She has been dancing for 2 years with Raks Alamah. Her dance name is Cairo and she started dancing to lose weight after the birth of her daughter. It was a form of exercise and she fell in love with all belly dancing has to offer.

Margo Land—Margo started belly dancing about 15 years ago and it has taken over a couple of rooms in her house and 90% of the back garage. It is a source of pleasure for her and has kept her on her feet striving to overcome health issues.

Tessa Thompson—Tessa is a part-time Patient Service Representative at the billings clinic. She thoroughly enjoys her family, friends and belly dancing. It has changed her life in such a fantastic way and brought her many great friends.

Pam Havig– Pam had arthritis start to effect her trunk and spine at age 16. For 3 years she was unable to walk. Yoga and massage changed her life. She is a much younger grandmother than she was a mother. She teaches therapeutic yoga in the hopes of helping others feel better, too!

FRIDAY, October 3, 2008 Sessions

8:30 a.m. 10:00 a.m.

Take Aways for Montana—from the 2007 Southern California Wildfires? June Kailes—See above.



FRIDAY, October 3, 2008 Sessions, continued

Technology for Independence—It is NOT About the Technology

Roger Holt—Roger is currently the Executive director of PLUK—Parents, let's Unite for Kids—Montana's Parent Training and Information Center. PLUK has been a major resource in the area of technology and disability since 1988. Roger joined the organization in 1990 to provide information, assistance and training to families, individuals, and professionals in Montana and technical assistance to organizations around the country.

What's Up in the Senior and Long Term Care Division

Kelly Williams—Kelly has served as the administrator of the DPHHS Senior and Long Term Care division since December 2002. She is responsible for the oversight of the SLTCD programs which include Medicaid nursing homes, Medicaid home and community services, aging services, adult protective services and the operation of two state veterans homes. Kelly has worked for DPHHS for 23 years and previously served as Chief of the Nursing Facility Services Bureau. She holds as Bachelors degree in Business Administration and is a Certified Public Accountant.

10:30 a.m.—12:00 p.m.

What's New With Mental Health Services

Lou Thompson—Lou Thompson was appointed the Director of the Addictive and Mental Disorders Division in September, 2008. Lou had been the Chief of the Mental Health Services Bureau since 2001. She was responsible for community-based services for adults with severe disabling mental illness and oversaw the Medicaid mental health program as well as the state-funded Mental Health Services Plan for individuals who are not eligible for Medicaid. Lou is a Texan by birth and a Montanan by choice. She holds a master's degree from Texas A&M University.

Consumer Success Stories

Ann Halubka—Ann has faced a life long challenge of CP. She refuses to think of herself as disabled and considers herself "inconvenienced". After the death of her first husband, she returned to school and earned a bachelor's degree in Secondary Education & English, and went on to graduate with the first class in the Master's of Rehabilitation Program at Eastern Montana College, now known as MSU-Billings. She has worked in the Alternative Justice program for 6 years and also taught Special Education for 6 years. She has a small private practice in chemical dependency counseling and has had this for 22 years. Ann is a part time faculty at MSU-Billings and has taught in the Education, Rehabilitation and Human Services programs there. She has 2 children.

Jacinda & Asiah Kuntz—Asiah was born 17 weeks premature and spent 11 months in the hospital. She had chronic lung disease, severe pulmonary hypertension and a grade 3 brain bleed at birth. Asiah came home with a tracheostomoy, ventilator, oxygen and a feeding tube. She entered the waiver program in June of 2006. She now only requires the G-tube feeding.

Jess Goodale—Jess moved to Billings, from eastern Montana, hoping it would allow him an opportunity to use his education. He has a degree in computer science and would like to use it to help others with their computer problems. Jess strives to be as independent as possible and stay involved in his community. He is involved with his son and loves being a grandfather.

Craig Miller—Craig grew up in Cambridge, MA. He has a brother and sister that continue to live in the Boston area. Craig describes himself as a city kid and did what he could to get involved with sports and the YMCA to stay away from the trouble his frfriends were in. Craig's mother was a pastor and he says that going to church was "not an option". Craig was involved with a camp for emotionally disturbed children in New Hampshire and progressed from a camper to the kitchen coordinator there. He later moved to Denver and was working and living with a friend there and read an add for the need for a cook in Yellowstone Park. He ended up in Cody Wyoming and later cooke city, Montana. He tried to return to Boston at one point, but was hooked on the area and the people by then and again returned to Cooke city. He was living there at the time of his accident. He currently resides in Billings.

Diabetes Prevention and Management in 2008 and Beyond

Jane Fitch Meszaros, RN—After growing up in the "perfect place' - southwestern North Dakota, Jane graduated from St. Olaf college in Northfield Minnesota with a Bachelor of Science in Nursing. She has worked at St. Vincent Healthcare since 1979 and has been a RN diabetes educator since then, working with the multidisciplinary SVH diabetes Team. Jane became the SVH Diabetes Center coordinator in 1990 and has been a nationally board certified diabetes educator since 1990. Jane is also a speaker throughout the region for various pharmaceutical and industry companies regarding diabetes. She continues to work with people with diabetes, their families, as well as teaching various groups of professionals and the public about managing diabetes successfully.



Tenth Annual Community Services Conference

October

Billings, Montana Overall Conference Evaluation

| | 7 | Excel | lent | Satisfac | ctory | Poor |
|---------------|--|-------|------|----------|-------|------|
| 1. Comm | Overall, how would you rate the conference? nents: | 5 | 4 | 3 | 2 | 1 |
| 2. Comm | Overall, how would you rate the conference site? nents: | 5 | 4 | 3 | 2 | 1 |
| 3. Comm | Overall, how would you rate the food? nents: | 5 | 4 | 3 | 2 | 1 |
| 4. Ov Comm | verall, how would you rate the quality of the speakers? nents: | 5 | 4 | 3 | 2 | 1 |
| 4. Ov Comm | verall, how would you rate the registration process? | 5 | 4 | 3 | 2 | 1 |
| 5. Comm | Overall, how would you rate the relevance of the conference? nents: | 5 | 4 | 3 | 2 | 1 |
| 6. | Overall, how would you rate the educational content of the sessions? | 5 | 4 | 3 | 2 | 1 |

Please make any comments that would help us in the development of our next conference scheduled for the fall of 2010 in Great Falls.

Please indicate if there are specific topic areas that you would like to see covered or suggestions for speakers.

Thank you to the following conference sponsors!

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Cozy Cottage CVS Pharmacy Easter Seals

Econo Print Edgewood Vista Farmers Insurance

Frito Lay Fuddrucker's Gainan's

Granary Restaurant Hanser's Wrecking Service

Holiday Station Stores Home Care Services Holy Rosary Healthcare

IGA Evergreen Kelly Inn LIFFT

Lincoln Lane Log Cabin Bakery Meadow Gold Dairy

MSU Jacket Co. Office Max Partners in Home Care

Pepsi-Cola Bottling Co. Perkins Pita Pitt
Qwest Radio Shack Heights Red Lobster

Riverstone Health Rocky Mountain Hospice Sewing Center West

Shipton's Big R Spic & Span Cleaners Stockman Bank

St Vincent's Healthcare Stella's Kitchen & Bake Target
Universal Athletics Valley Credit Union WalMart

Wells Fargo

